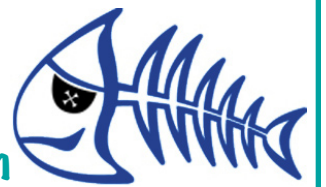


Lenny & Joe's Fish Tale Menu



Fresh, Fun & Casual Family Seafood Restaurant • Since 1979 • www.ljfish tale.com
86 Boston Post Rd Rt 1 Westbrook, CT • 860-669-0767

Our Seafood is Fresh.....It is Our Prices that have been FROZEN

We're very proud that no menu food prices were raised on this menu. We have not passed along any price increases since the early Spring of 2008. For over 30 years we have cheerfully served generous portions of the very freshest and finest seafood at very reasonable prices. The Fish Tale Restaurants have always been the best and biggest bang for your family's seafood dining dollar.

chowder

No need for any other soup,
this one's the best!

Our Famous Fish Tale Chowder

We prepare it fresh, every day,
in our kitchen.

A clear broth chowder chocked full
of fresh whole quahog clams
and a touch of milk for
that hint of sweetness.

Bowl - 3.99 Cup - 2.99

Go for it and take home a fresh Quart - 7.50

appetizers

Fried Gulf Shrimp Appetizer

The best pink shrimp the Gulf of Mexico has to offer - 9.50

Fried Calamari

Tender and fried to a golden brown and served with
tangy cocktail sauce - 9.50

Fresh Maine Steamers

A heaping qt served with plenty of butter and broth - priced daily

Fried Maine Lobster

Mm-mm! Lightly battered and gently fried lobster claw
and tail meat - 14.99

Fresh Fried Zucchini

Garden fresh zucchini, lightly battered and fried to perfection.
Double - 5.99 Single - 3.99

Fresh Fried Onion Rings

Cut daily from colossal Spanish onions.
Double - 4.99 Single - 3.75

Fried Veggies Combo

A generous portion of onion rings and zucchini - 5.99

Fresh Crab Cakes

A Maryland tradition. (1) - 6.50 (2) - 11.99 (4) - 17.99

fresh raw bar

Gulf Shrimp Cocktail

Four chilled jumbo shrimp served in the shell - 8.99

Fresh Clams*

Six clams opened to order and served on the half shell - 7.99

Fresh Oysters*

Six beauties shucked to order and served on the half shell - 8.99

Family Shrimp Cocktail

16 jumbo shrimp in the shell - 29.99

fried fish tale dinners

WE HAVE COOKED WITH 100% VEGETABLE OIL SINCE 1979. OUR OIL IS TRANS FAT FREE!
All of our entrées are served with cole slaw, choice of potato, our own fresh baked bread.

The Famous Fish Tale Platter

A bounty of Gulf Shrimp, Fresh Sea Scallops,
Fresh Scrod and Fresh Clam Strips fried
to a golden brown - 20.99
Substitute Whole Clams for Clam Strips - 2.00

Two Way Combination

Pick your 2 favorite fried seafoods
from the following:

Shrimp, Scallops, Oysters, Calamari, Scrod, Sole,
Catfish or Clam Strips - 17.50
Substitute Whole Clams for Clam Strips - 2.00

by land & sea

At Lenny & Joe's we let you make any meal even better!

Add a **Marinated Fresh Beef Tenderloin Tail** or a
Grilled Teriyaki Chicken Breast to any dinner for only 7.50

Fried Gulf Shrimp

The finest wild caught shrimp
from the Gulf of Mexico.

Regular - 13.99 Super - 19.99

Fresh Fried Clam Strips

Sliced from tender and fresh sea clams.
Regular - 11.99 Super - 17.99

Fresh Whole Clams

Selected for firm, flavorful bellies.

Regular - priced daily Super - priced daily

Fried Fresh Sea Scallops

From the cold waters of the North Atlantic.
Regular - 14.99 Super - 20.99

Maryland Crab Cakes

Our own, with sweet lump crabmeat and
special seasonings.

Four - 19.99 Two - 13.99

Fried Fresh Oysters

We select choice oysters and fry them just right.
Regular - 13.99 Super - 19.99

Fried Calamari

Lightly battered, fried and naturally tender.
Served with tangy cocktail sauce.

Regular - 11.50 Super - 17.50

Fried Maryland Soft Shell Crabs

We serve only fresh whales, the largest crabs.
Regular - 13.99 Super - 19.99

fish & chips

Fresh Fried Scrod (Cod)

Our favorite, a very tender, lean and mild whitefish
Regular - 11.99 Super - 18.50

Fresh Fried Sole

Extremely delicate, distinctive, yet mild tasting thin whitefish
Regular - 11.99 Super - 18.50

Fried Catfish

Grain-fed, farmed fish which has a consistently
sweet and mild taste

Regular - 11.99 Super - 18.50

broiler & oven specialities

All of our entrées are served with cole slaw, choice of potato, our own fresh baked bread.

baked stuffed casseroles

We prepare our Gulf Shrimp or Fresh Sole with our own stuffing, loaded with crab and
monterey jack cheese. We then bake 'em, casserole style.

Baked Stuffed Shrimp - 16.99

Baked Stuffed Sole - 15.99

broiled fresh fish fillets

We broil the fillets to perfection with your choice of butter or lemon juice. What's your pleasure?

Fresh Scrod (Cod) A very delicious, lean, firm and mild whitefish - 14.99

Fresh Sole Sweet and mild whitefish - 14.99

Fresh Tilapia Mild, sweet tasting lean fish - 13.50

Fresh Catfish Firm and moist dense meat - 13.50

charbroiled seafood

Charbroiled with butter or lemon.

Fresh Swordfish Firm, with a robust flavor - 17.99

Fresh Salmon Fillets Flavorful, firm rich pink meat with large moist flakes - 15.50

broiled casseroles

Broiled with lemon or butter and topped with seasoned crumbs.

Broiled Fresh Scallop Casserole - 15.99

Broiled Shrimp Scampi With garlic - 14.99

Broiled Lobster Casserole Picked lobster tails and claw meat - 23.99

Rock Crab Casserole Tender and sweet picked out rock crab meat - 19.99

Fresh Scallops & Broiled Shrimp Casserole With garlic - 15.50

Lobster & Crab Casserole Picked lobster meat and rock crabmeat - 21.99

Make any meal a Land & Sea! Add a **Marinated Fresh Beef Tenderloin Tail** or a **Grilled Teriyaki Chicken Breast** to any dinner for only 7.50

OUR FAMOUS HOT BUTTERED lobster or crab rolls

Lobster - 13.99 Sweet Rock Crabmeat - 11.99

"MAKE IT A PLATTER" ADD FRENCH FRIES
OR SALTED POTATOES - 1.99

garden salads

Not Your Ordinary House Salad

A heaping garden salad with baked ham,
cheddar cheese
and hard boiled eggs - 6.99

On the Side Garden Salad - 3.50

DRESSINGS: Tuscan Caesar, White Balsamic Zinfandel
Vinaigrette, Light Peppercorn Ranch, Clear White French,
Chunky Bleu Cheese

light & healthy

Healthy mini meals broiled with lemon and served with boiled red potatoes and fresh steamed vegetables.

- Broiled Fresh Scrod** - 11.99
- Broiled Fresh Sole** - 11.99
- Broiled Fresh Tilapia** - 11.99
- Broiled Shrimp & Scallop Casserole** - 11.99
- Broiled Fresh Scallop Casserole** - 11.99
- Charbroiled Fresh Salmon** - 12.99
- Charbroiled Fresh Chicken Breast** - 9.99

entree salads

WITH CHILLED SEAFOOD

Entrée sized cold garden salads topped with generous portions of chilled seafood.

Mixed Seafood

Topped with cooked and chilled lobster, shrimp and sweet rock crab - 20.99

Cocktail Shrimp

Medium cocktail shrimp, cooked & chilled - 14.99

Rock Crab Meat

Chilled tender & sweet crab meat - 19.99

Lobster

Cooked and chilled lobster meat from the claws and tail - 23.99

Shrimp Salad

Salad shrimp mixed with mayonnaise, celery and spices - 8.99

WITH GRILLED FAVORITES

Entrée sized cold garden salads topped with one of the following Grilled Favorites.

Charbroiled Marinated Tenderloin Tail - 13.99

Charbroiled Fresh Fillet of Salmon

Grilled or Teriyaki - 12.99

Charbroiled Fresh Chicken Breast

Grilled or Teriyaki - 9.99

SALAD DRESSINGS

Tuscan Caesar, Clear White French, White Balsamic Zinfandel Vinaigrette, Light Peppercorn Ranch, Chunky Bleu Cheese

a la carte fried

	SINGLE	DOUBLE
Fried Gulf Shrimp	11.99	17.99
Fried Clam Strips	9.99	15.99
Fresh Fried Whole Clams	- priced daily -	
Fresh Fried Scallops	12.99	18.99
Fresh Fried Oysters	11.99	17.99
Fresh Fried Scrod	9.99	16.50
Fresh Fried Sole	9.99	16.50
Fried Calamari	9.50	16.50
Maryland Crab Cakes	(2) - 11.99	(4) - 17.99

on the side

French Fries Crinkle cut western steak fries - 2.75	Boiled Salt Potatoes Tender red potatoes cooked in a seasoned broth - 2.75
Colossal Onion Rings Double - 4.99 Single - 3.75	Steamed Fresh Vegetables A seasonal blend of fresh cut veggies - 2.75
Fried Fresh Zucchini Double - 5.99 Single - 3.99	Fresh Cut Cole Slaw "Sister Sandy's recipe" - 1.99
Fried Fresh Veggie Combo Onion rings and zucchini - 5.99	

dessert

Haagen-Daz Ice Cream - 3.75 "Heaping Dish of Vanilla or Chocolate"
A Slice of Fresh Cheesecake - 3.75
Libby's Wooster Street Italian Ice - 2.95 A Dish of Lemon Ice
Fresh Baked Lyman Orchard Apple Pie - 3.25
Apple Pie ala mode - 5.25

land lubbers

Fresh Charbroiled Marinated Beef Tenderloin Tails

We marinate 14 oz. of the choicest, tenderest cut of beef with a mild ginger soy sauce. Let us know if you'd prefer it plain - 18.50

Charbroiled Fresh Beefsteak

1/2 lb. of all beef - 8.99

Fresh Charbroiled Chicken Breast

Teriyaki or Plain - 12.50

Fresh Fried Boneless Chicken Breast

Prepared with our own seasoned coating - 9.99

rolls & sandwiches

Served with sister Sandy's cole slaw. Add Lettuce and Tomato - 39¢

"MAKE IT A PLATTER" ADD FRENCH FRIES OR SALTED POTATOES - 1.99

Fried Gulf Shrimp Roll

Served on a frank bun - 7.99

Fresh Clam Strip Roll

Fresh fried and served on a frank bun - 6.99

Fresh Whole Clam Roll

Fresh clams with bellies - priced daily

Fresh Fried Scallop Roll

Served on a frank bun - 8.50

Fresh Fried Oyster Roll

Served on a frank bun - 8.50

Hot Buttered Lobster Roll

100% lobster - 13.99

Hot Buttered Crab Roll

100% rock crab - 11.99

Crab Cake Sandwich

Our own lump crabmeat - 7.50

Cold Shrimp Salad Roll

Served with lettuce on a frank bun - 6.50

Fried Soft Shell Crab Roll

- 11.99

THE FOLLOWING SANDWICHES ARE SERVED SOLO

Our Famous Fresh Fish Sandwich

Fresh fried scrod (cod) served on a seeded bun - 5.99

Fried Chicken Breast Sandwich

A breaded fresh chicken breast served on a seeded bun with lettuce and tomato - 5.99

Chicken Teriyaki

A charbroiled fresh boneless chicken breast - 5.99

Frankfurter

A charbroiled jumbo frank served on a toasted roll - 2.99

1/4 lb. Burger*

Served on a seeded bun - 3.50
Add Cheese - .50

beverages

Soda Coca-Cola, Diet Coke, Birch Beer, Sprite and Ginger Ale. Free refills. 1.89	Juice Cranberry, Orange, Grapefruit or Pineapple 2.50	Lemonade 1.89 Real Iced Tea "Unsweetened" 1.89 Milk White or Chocolate	Coffee Regular or Decaf 1.60 Hot Tea 1.60
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beer

FROM THE TAP Bass Glass - 3.50 Pitcher - 13.95 Budweiser or Coors Light Glass - 2.75 Pitcher - 10.95	BOTTLED BEER Your choice - 3.95 Samuel Adams Lager, Corona, Amstel Light, O'Doul's (Non-alcoholic)
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wine

Glass - 5.50 1/2 Carafe - 9.95 Carafe - 18.95	Glen Ellen Chardonnay	Walnut Crest Cabernet Sauvignon
	La Villa Pinot Grigio	La Terre Merlot
	Estrella White Zinfandel	

cocktails

ASK YOUR SERVER ABOUT OUR COCKTAILS
MADE WITH ONLY PREMIUM LIQUORS
AND THE FINEST INGREDIENTS

Lenny & Joe's Fish Tale Gift Cards

The perfect gift for every occasion!
Available in any denomination (\$10 and up)



feeding frenzy apparel



Our Famous Short Sleeve T-Shirts
Great New Designs for 2009
still only **\$6.00**
(**\$7.00 2x & 3x**)

2009 Beach/Fishing Hats
One Size Fits All
\$12.00
New this Year: Military Caps
Black or Khaki \$6.00

Fish Tale Caps
One Size Fits All
Great Design
WOW! \$6.00
LOTS OF COLORS!

